

# STATE

YOUR WELLNESS.

# Alcohol



- \* 60% of students had 4 or less drinks the last time they partied
- \* 87% of students use a designated driver
- \* 86% of students stay with the same group of friends the entire time they are out
- \* 20% of students choose not to drink alcohol

## What We're Doing

**Alcohol Education Class - in person class for students that receive an alcohol sanction**

- 56 classes serving 1,105 students

**Alcohol Wise - online education module for all new students**

- 5,202 students completed training in 2015-2016 academic year
- 86% of students believe there is a moderate or great risk of harming themselves if they binge drink once in a while
- ISU students score higher than the national average on the Alcohol Wise post test
- Most students believe that alcohol use adversely affects a student's academic success

Data Sources: 2015 National College Health Assessment, 2014 CORE Alcohol & Other Drug Survey, Alcohol Wise