



Lifestyle Enhancement Program Summer 2017
Registration Form for Community Participants
May 15 – August 13, 2017

Name (print) _____ Address _____

Daytime Phone _____ E-mail _____

Cost

Balanced Bellies and Backs and Yoga: \$70.00 for summer session

Table Tennis: \$30.00 for summer session

Payment Total \$ _____ Check # _____

CHECKS ONLY. Cash payment is not accepted. Please make checks out to Health Promotion and Wellness.

✓ **Please place a check mark next to the activities you will be attending on a weekly basis.**

<p>Bone Student Center 3rd West Lounge</p> <p><input type="checkbox"/> Balanced Bellies and Backs: 12:15 – 1 p.m. on Tuesdays and Thursdays</p> <p><input type="checkbox"/> Noon Yoga: Noon – 1:00 p.m. on Mondays, Wednesdays, and Fridays</p>	<p>Please note: no classes on Monday, May 29 and Tuesday, July 4 in observance of the holidays.</p> <p>T'ai Chi and Tuesday Yoga will return in fall 2017.</p>
<p>Balanced Bellies and Back /Noon Yoga fee is \$70.00 for the summer session with unlimited attendance. Fee for Table Tennis is \$30.</p>	<p>Metcalf Small Gym</p> <p><input type="checkbox"/> Table Tennis: 8 – 11:55 p.m. on Saturdays</p>
<p>Mail registration forms to: Health Promotion and Wellness Illinois State University Campus Box 2120 Normal, IL 61790-2120</p>	<p>Complete and include the following:</p> <p><input type="checkbox"/> Registration form</p> <p><input type="checkbox"/> Wellness Waiver</p> <p><input type="checkbox"/> Par Q and You</p> <p><input type="checkbox"/> Checks made payable to Health Promotion and Wellness</p>